

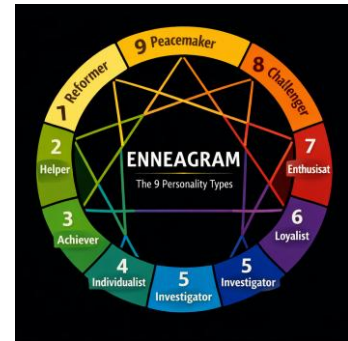
Discovering Ourselves Through the Enneagram

Friday, July 24 | 6:00-9:00 PM

Saturday, July 25 | 9:00 AM-4:00 PM

A Season of Gathering and Growing

# Enneagram Workshop



*Discover Yourself. Strengthen Relationships. Grow in Faith.*

<b>Dates &amp; Times</b>	Friday, July 24   6:00-9:00 PM Saturday, July 25   9:00 AM-4:00 PM
<b>Location</b>	Zoar Lutheran Church Family Life Center
<b>Registration</b>	Registration is open now and closes on Wednesday, July 22. <a href="https://forms.gle/v7PHT9yjQ2vir1FP6">https://forms.gle/v7PHT9yjQ2vir1FP6</a>
<b>Childcare</b>	Childcare will be available on Saturday for children under 5.

## Join Us

Join us for a meaningful Enneagram Workshop designed to help you better understand yourself, strengthen your relationships, and grow in compassion for others. This introductory workshop, led by a trained facilitator, explores the distinct ways people think, feel, and respond to the world. All are welcome.

## What Is the Enneagram?

The Enneagram is a widely used personality and self-discovery tool that explores nine different personality types. More than simply describing behavior, the Enneagram helps uncover the deeper motivations, patterns, strengths, fears, and blind spots that shape how we think, act, react, and relate to others. Many people use it as a tool for self-understanding, healthier relationships, and spiritual growth.

Through teaching, discussion, reflection, conversation, and interactive activities, participants will gain practical tools for greater self-awareness, better communication, healthier relationships, and deeper connection. In a faith community, these insights can help build empathy, reduce misunderstandings, deepen connection, and strengthen teamwork in ministry.

## Who Should Attend?

This workshop is designed especially for Zoar members, but it is also open to friends, family, and members of the wider community. Whether you are new to the Enneagram or already familiar with it, this experience will offer space to learn, reflect, and grow.

## Workshop Schedule

Day	Time	Details
Friday, July 24	6:00-9:00 PM	Snacks provided
Saturday, July 25	9:00 AM-4:00 PM	Snacks and catered lunch provided; childcare available for children under 5

## Before the Workshop

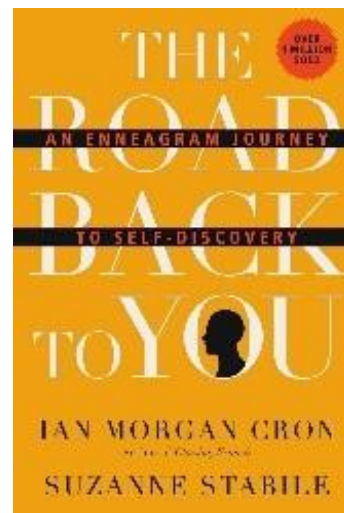
Participants are asked to complete the online Integrative Enneagram personality inventory before attending: <https://www.integrative9.com/enneagram/test/individual/>

The cost of the inventory is \$60\*. Participants who complete the inventory and attend the workshop should bring their receipt and will be reimbursed \$40.

*\*If the inventory cost is a barrier to participation, please contact the Zoar office: 419-874-4346.*

## Recommended Resource

Participants are encouraged to read *The Road Back to You: An Enneagram Journey to Self-Discovery* by Ian Morgan Cron and Suzanne Stabile. The accompanying study guide/workbook is also recommended. The book offers tools for personal reflection and group study on the nine personality types. Available in paperback, Kindle, and Audible versions, the set will be available for \$20.



## Cost

The cost of the workshop, lunch, and supplies is offered at no cost due to a generous grant from the Zoar Foundation. Registration is required.

## Enneagram Facilitator: The Rev. Elizabeth Parker



The Rev. Elizabeth Parker is an Episcopal priest in the Diocese of Texas. After graduating from Berkeley Divinity School at Yale, Liz served transitional and corporate-sized parishes in Connecticut and Texas, most recently as the associate rector at Palmer Memorial Episcopal Church in Houston. Officially retired, Liz continues to serve as affiliated clergy on the staff of Christ Church Cathedral in Houston.

Familiar with the Enneagram since the 1990s, Liz has been studying it more seriously in the last decade. She has done training through the Jung Center in Houston and recently received her Practitioner Accreditation to become a Certified Enneagram Professional with Integrative Enneagram Solutions. She has led Enneagram workshops in the Diocese of Texas and West Texas and for Cohousing Houston.

**Register NOW!**



<https://forms.gle/v7PHT9yjQ2vir1FP6>

*Come discover what motivates you, how you relate to others, and how deeper understanding can support your personal growth, relationships, and life of faith.*